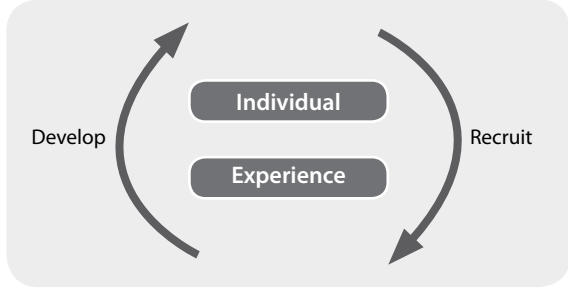


THE SWEDISH THEME

Will - Skill - Hill



SNOWSPORT PASSION FOR LIFE



**"Passion – Individual - Ski Experience!
Snowsport for life!**

It's all about passion!

**Welcome to Swedens Keylecture
"Predefined progression is stone age!"
Tuesday 18 January, 15.30**

**You are also welcome to Sweden's workshop
Thursday 20th January, 09.00**

Detailing of Wi-S-H analysis

WILL

Expectations

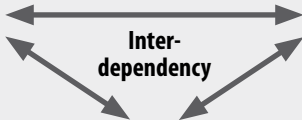
- What does the rider expect to do

Preferences

- What does the rider want to do

Objectives

- What is the rider's objective/aim



HILL

Conditions

- Weather, Terrain, Equipment

Context – Static

- Set up (group, private, recreational, competitive)

Context - Dynamic

- Personalized progression

SKILL

Technical skills

- Rotary movements
- Edge control movements
- Pressure control movements
- Balancing movements

Physical skills

- Strength, coordination, fitness, moveability